

# Brainpickings

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Each one of us is the custodian of an inner world that we carry around with us. Now, other people can glimpse it from [its outer expressions]. But no one but you knows what your inner world is actually like, and no one can force you to reveal it until you actually tell them about it. That's the whole mystery of writing and language and expression — that when you do say it, what others hear and what you intend and know are often totally different kinds of things. John O'Donohue from [BRAINPICKINGS](#)

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