

Day 8 of 30 Days of Blogging

Posted on **August 08,2013** by **nmcreatrix**

I get a daily message from the Universe... and this was yesterday's message: No more "supposed tos," OK, Shari? You're not *supposed* to work harder, look better, sleep less, sell more, run faster, talk slower, be happier, stay longer, leave earlier, cook, clean, negotiate, settle, start, stop, move, try, win, shake, rattle or roll. Other people made all that up. I love you the way you are, The Universe I need to pay more attention to these messages! You can sign up for these messages from the universe [HERE](#)

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